



## St. Patrick's Re-Heating Instructions & Ingredients

**\*\*\*BEFORE RE-HEATING FOODS: \*\*\***

**Be sure foods are in oven-safe containers if re-heating in the oven,  
or in microwave-safe containers if re-heating in a microwave**

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### **Reheating Instructions:**

Preheat the oven to 350 degrees. Place corned beef and vegetables in an oven safe dish. Place dish in the oven and warm for 15-20 minutes. Check the pan after 15 minutes. Meal is done when completely heated through.

### **Ingredients:**

Corned beef: Beef, Salt, Sugar, Natural Flavors (Contains Onion, Garlic), Baking Soda, Sodium Erythorbate, Sodium Nitrite

Vegetable mix: Carrots, Cabbage, Potatoes, Salt, Pepper

Whole Grain Mustard: Water, Mustard Seed, Vinegar, Salt

Soda Bread: Whole Wheat Flour, Buttermilk, Malted Barley, Oatmeal, Salt, Baking Soda

Horseradish: *(optional, not automatically included with meal)*

Horseradish Root, Sugar, Apple Cider Vinegar, Water



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