



St. Patrick's Re-Heating Instructions & Ingredients

*****BEFORE RE-HEATING FOODS: *****

**Be sure foods are in oven-safe containers if re-heating in the oven,
or in microwave-safe containers if re-heating in a microwave**
(The A2-Zero containers are not microwave safe)

Reheating Instructions:

Preheat the oven to 350 degrees. Place corned beef and vegetables in an oven safe dish. Place dish in the oven and cook for 15-20 minutes. Check the pan after 15 minutes. Meal is done when completely heated through.

Ingredients:

Corned beef: Beef, Salt, Sugar, Natural Flavors (Contains Onion, Garlic), Baking Soda, Sodium Erythorbate, Sodium Nitrite

Vegetable mix: Carrots, Cabbage, Potatoes, Salt, Pepper

Whole Grain Mustard: Water, Mustard Seed, Vinegar, Salt

Soda Bread: Whole Wheat Flour, Buttermilk, Malted Barley, Oatmeal, Salt, Baking Soda

Horseradish: *(optional, not automatically included with meal)*

Horseradish Root, Sugar, Apple Cider Vinegar, Water

To return your A2-Zero reusable containers:

RINSE: When you've finished your delicious food make sure to rinse out the container. We will wash it when we receive it!

RETURN: Make sure you return your containers as soon as you can to keep the cycle going! The return bin is located on the front porch of the blue building between the Deli and the Next Door, (the 420 building, our regular pick up area).